

Data Tables

Table 6. Percent of Students Responding to Mental Health and Suicide Indicators

		6th Grade				8th Grade				10th Grade				12th Grade				All Grades			
		District 2013	District 2015	District 2017	State 2017	District 2013	District 2015	District 2017	State 2017	District 2013	District 2015	District 2017	State 2017	District 2013	District 2015	District 2017	State 2017	District 2013	District 2015	District 2017	State 2017
Need for Mental Health Treatment																					
Mental health treatment needs*	High mental health treatment needs	8.7	6.3	11.4	11.1	13.0	16.5	14.2	16.9	10.7	21.3	20.0	22.2	14.3	10.8	20.6	21.9	11.9	14.1	16.8	18.0
	Moderate mental health treatment needs	16.1	18.6	17.1	21.5	21.4	19.2	18.8	24.1	22.2	27.1	28.8	28.0	20.7	30.1	26.7	28.3	20.6	23.8	23.1	25.5
	Low mental health treatment needs	75.2	75.1	71.6	67.4	65.6	64.3	67.0	59.0	67.1	51.7	51.3	49.8	65.0	59.2	52.7	49.8	67.5	62.0	60.1	56.5
Depression Related Indicators																					
During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (Answered "Yes")		12.2	13.9	16.8	17.8	17.3	24.1	20.1	23.1	19.5	26.9	28.1	29.8	18.3	21.8	26.5	29.1	17.3	22.1	23.2	24.9
Depressive symptoms calculation*	High depressive symptoms	2.3	2.6	3.6	4.6	4.3	7.8	5.4	6.5	5.2	4.6	8.6	7.1	2.8	4.3	6.0	7.2	3.7	4.9	5.9	6.3
	Moderate depressive symptoms	64.6	62.3	65.8	66.0	65.1	63.7	62.1	65.5	68.8	74.2	68.4	71.6	64.9	71.4	70.4	71.3	65.9	67.8	66.5	68.5
	No depressive symptoms	33.2	35.1	30.6	29.5	30.5	28.5	32.4	28.0	26.0	21.2	23.1	21.3	32.3	24.3	23.7	21.5	30.5	27.3	27.6	25.2
Self-Harm**																					
During the past 12 months, how many times did you do something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose? (Answered 1 or more times)		~	7.8	9.9	10.9	~	15.7	12.0	16.3	~	15.8	14.7	16.4	~	9.5	13.3	15.1	~	12.5	12.7	14.7
Suicide Related Indicators																					
During the past 12 months, did you ever seriously consider attempting suicide? (Answered "Yes")		5.1	5.7	6.5	9.6	14.4	14.9	12.4	15.8	9.7	16.8	18.1	19.7	11.1	10.2	15.7	19.0	10.6	12.2	13.6	16.0
During the past 12 months, did you make a plan about how you would attempt suicide? (Answered "Yes")		5.4	3.8	3.6	7.3	12.3	13.0	9.4	13.0	7.8	16.2	12.5	15.4	8.9	7.8	10.2	14.5	9.0	10.6	9.3	12.5
During the past 12 months, how many times did you actually attempt suicide? (Answered 1 or more times)		4.2	2.8	3.6	5.1	8.6	8.4	5.8	8.1	4.5	7.2	8.0	8.4	2.8	3.8	3.7	6.6	5.3	5.7	5.4	7.1
Attitudes Toward Mental Health Treatment**																					
How often in the last thirty days did you talk to an adult (parent, doctor, counselor, teacher, etc.) about feeling very sad, hopeless, or suicidal? (Answered 1 or more times)		~	~	15.6	16.5	~	~	14.6	15.2	~	~	23.2	17.9	~	~	16.7	19.9	~	~	17.7	17.4
Who, in the last thirty days, did you talk to about feeling very sad, hopeless, or suicidal? (Treated as "Mark all that apply")	Sample size†	~	~	48	1,826	~	~	72	2,156	~	~	102	1,948	~	~	79	1,537	~	~	301	7,467
	I felt this way but did not talk to anyone about it	~	~	41.1	41.8	~	~	63.5	57.8	~	~	53.0	57.4	~	~	55.1	50.7	~	~	54.4	52.6
	Parent	~	~	56.7	48.3	~	~	24.4	29.6	~	~	38.3	28.9	~	~	35.7	30.1	~	~	36.8	33.2
	Teacher	~	~	4.3	3.1	~	~	1.2	2.0	~	~	0.3	2.0	~	~	2.3	4.8	~	~	1.7	3.0
	Doctor	~	~	0.0	2.0	~	~	1.5	3.5	~	~	3.5	3.2	~	~	9.6	4.8	~	~	4.4	3.5
	School Counselor	~	~	4.5	4.1	~	~	4.9	3.2	~	~	8.3	3.9	~	~	2.7	4.7	~	~	5.4	4.0
	Therapist	~	~	0.0	5.2	~	~	4.3	6.6	~	~	10.1	8.6	~	~	13.4	10.7	~	~	8.4	8.0
	Clergy	~	~	0.0	0.0	~	~	0.0	0.1	~	~	0.0	0.3	~	~	1.2	1.0	~	~	0.4	0.4
Other Adult	~	~	15.4	6.2	~	~	5.3	7.2	~	~	7.9	8.2	~	~	4.8	9.4	~	~	7.4	7.9	
Do you think it's ok to seek help and talk to a professional counselor, therapist, or doctor if you've been feeling very sad, hopeless, or suicidal?	Yes	~	~	83.3	86.5	~	~	86.2	85.9	~	~	85.5	83.1	~	~	84.4	84.5	~	~	85.0	85.0
	No	~	~	8.5	6.3	~	~	2.9	3.8	~	~	2.0	3.9	~	~	4.1	3.9	~	~	4.0	4.5
	I think it's ok for other people to seek help, but not for me to seek help	~	~	8.2	7.1	~	~	10.9	10.3	~	~	12.6	13.0	~	~	11.5	11.5	~	~	11.0	10.5

*Mental health treatment needs and depressive symptoms are calculated from student responses to specific questions. See text for further explanation.

**Questions that were not measured/reported in one or more survey administrations prior to 2017.

† Sample size represents the number of youth who marked any answer other than "I have not felt this way in the past 30 days."